



You're Invited to Help Save Lives!



WHO: All Students with Heart @ **Forest Glen Elementary School**

WHAT: Jump Rope for Heart Event

WHEN: **February 5th - 9th**

WHERE: **In the gym during class**

WHY: To have fun and learn how to live a heart healthy lifestyle.

Please return donation envelopes by: **Friday, February 9th, 2018**

- The donations our school raises will help fund lifesaving research, medicines and treatments for heart disease and stroke, our nation's # 1 and # 4 killers.
- Donations also fund prevention & awareness materials that teach your kids the importance of heart health and nutrition. Our school also receives PE equipment.

Raise money online by <http://www2.heart.org/goto/ForestGlen>

It's fun, quick and EASY!! Ask everyone you know for donations by creating one simple e-mail, Facebook, Twitter or download the **FREE phone App**. Search for **American Heart Association** then find **Jump/Hoops App**. Check with your employer for matching gift forms to double donations. Please make checks payable to the **American Heart Association**

In addition to the thank you gifts - **RECEIVE A FREE ticket to the American Heart Association/Green Bay Gambler game on March 17th when you raise \$5 or more.**



Raise \$40 online and you get a 30 minute pass to Extreme Air.



Every student who raises \$150 or more gets to silly string Mr. Darmody and Mr. Crocker

Sincerely, *Mr. Crocker and MR. Darmody*

P.E. Teachers and Jump Rope for Heart Coordinators